



Broadview Psychology
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Becoming an Effective DBT Therapist with Youth and their Parents

Broadview Psychology is offering a virtual course on Dialectical Behaviour Therapy with Youth for sixteen consecutive Wednesdays from 9:10 AM until 11:10 AM.

Benefits of this Training Program include:

- Training provided by two experienced adolescent and family DBT psychologists.
- Learning within a small group setting that will allow for an interactive approach.
- Participating on a weekly basis allows for the application of learning between sessions and the opportunity to follow up with questions and experiences with the instructors and other attendees.
- Hearing about the application of DBT with youth and parents in private practice.

Schedule and Topics:

Sept 4, 2024	Introduction to DBT
Sept 11, 2024	Assessment and Case Formulation in DBT with Youth
Sept 18, 2024	Orientation and Commitment with Youth and Parents
Sept 25, 2024	Individual DBT Therapy with Youth
Oct 2, 2024	Dialectical, Reciprocal and Irreverent Strategies with Youth
Oct 9, 2024	Behavioural Strategies with Youth
Oct 16, 2024	Behavioural and Cognitive Strategies with Youth
Oct 23, 2024	DBT Skills Training with Youth
Oct 30, 2024	DBT Skills Training with Youth
Nov 6, 2024	Crisis Management and Skills Coaching with Adolescents
Nov 13, 2024	Parent / Family Involvement in DBT
Nov 20, 2024	Parent Skills Training
Nov 27, 2024	Parent and Family Therapy in DBT
Dec 4, 2024	Management of TIBS with Youth and Parents
Dec 11, 2024	Consultation in DBT
Dec 18, 2024	Advanced Conceptualization in DBT

***Please note that the schedule is subject to change ***

The Broadview Team has been providing DBT trainings for many years. They have provided similar DBT trainings to clinical teams at Strides Toronto, Youthdale, North York General Hospital, St. Joseph’s Hospital, the Canadian Mental Health Association, Lumenus Community Services, Trillium Health Partners, and various universities / training institutes.

Instructor:

Dr. Christine Sloss, Ph.D., C.Psych

Dr. Sloss is a clinical psychologist who completed her Ph.D., at DePaul University in the Child, Youth and E Family stream. She completed her internship in the Child, Youth and Family Program, and the BPD Clinic at CAMH, where she learned DBT. She continued on at CAMH within various Addiction programs, including the Family Addiction Service and the Eating Disorder and Addiction Clinic, before leaving in 2009 to open and direct a clinic whose specialization is in providing DBT across the life span. Dr. Sloss has invested in considerable training over the years in providing DBT with children, adolescents, adults, parents, families and couples. Dr. Sloss has been certified by the DBT-Linehan Board of Certification, and spends considerable time providing supervision, consultation and training in providing DBT.

Dr. Aranda Wingsiong, Ph.D., C..Psych

Dr. Wingsiong is a clinical psychologist, having completed her Ph.D. in Clinical Psychology at the University of Windsor. After completing her residency through the Toronto Area Residency Consortium, wherein she provided consultation, psychological assessment, and therapy services to children, adolescents, and their caregivers at the Child Development Institute and Toronto District School Board, she joined Broadview’s team to gain expertise in practicing DBT. She has accrued over 6 years of experience providing (individual and/or group) DBT services to children, youth, young adults, and their family members.

Please note: There may also be guest instructors for particular topics from Broadview Psychology clinicians.

Cost of the Course (plus HST):

	Student Rate*	Regular Rate	Early Bird Rate**	Group Rate
Complete Course (32 hours)	\$840 / \$949.20 with HST	\$1210 / \$1367.30 with HST	\$800 / \$904 with HST for students \$1050 / \$1186.50 with HST for regular rate	Register with 4 people or more from the same clinic or program to get 10% off.

* To be eligible for a student rate, you must demonstrate student status.

** To be eligible for the early bird rate, you must register by August 11th, 2024

To Register:

Please complete the enclosed registration form and return to Broadview Psychology along with payment. For further information please contact Broadview Psychology Admin at admin@broadviewpsychology.com.



**REGISTRATION FOR THE BROADVIEW PSYCHOLOGY WORKSHOP
SERIES 2024**

Becoming an Effective DBT Therapist with Youth and their Parents

	Student Rate*	Regular Rate	Early Bird**	Group Rate
Starting September 4 th , 2024 Complete Course (32 hours)	Without HST/With HST	Without HST/With HST	Without HST/With HST	Register with 4 people or more from the same clinic or program to get 10% off.
	\$840 / \$949.20	\$1210 / \$1,367.30	\$1050/ \$1,186.50	

* To be eligible for the student rate, you must demonstrate full-time student status by sending us a copy of your student ID or an email from your supervisor or university department official. Your registration will not be processed without this confirmation.

** To be eligible for the Early Bird Rate, register by **August 11th, 2024.**

To Register:

Please email this completed form by September 2nd to: admin@broadviewpsychology.com

PERSONAL INFORMATION

Name:

Professional/Student Affiliation:

Street Address:

City Prov./State Postal/Zip Code:

Phone:

Email:

PAYMENT INFORMATION:

I am paying by (please indicate one):

Interac e-transfer to: drsloss@broadviewpsychology.com

Credit Card

If paying by credit card:

Name on Credit Card

Credit Card Number:

Expiry Date:

CCV:

I hereby sign and give Broadview Psychology permission to charge \$_____ to my credit card. Broadview Psychology protects client confidentiality and will not divulge or sell this information.

Signature:

Date:

Please note that registration will not be processed without payment. You will receive a confirmation email upon registration.

POLICY: Broadview Psychology will provide full refunds up to 14 days prior to the training start date.